

Dental Implant Guidebook

By The Dental Team @ NoFrills Dental

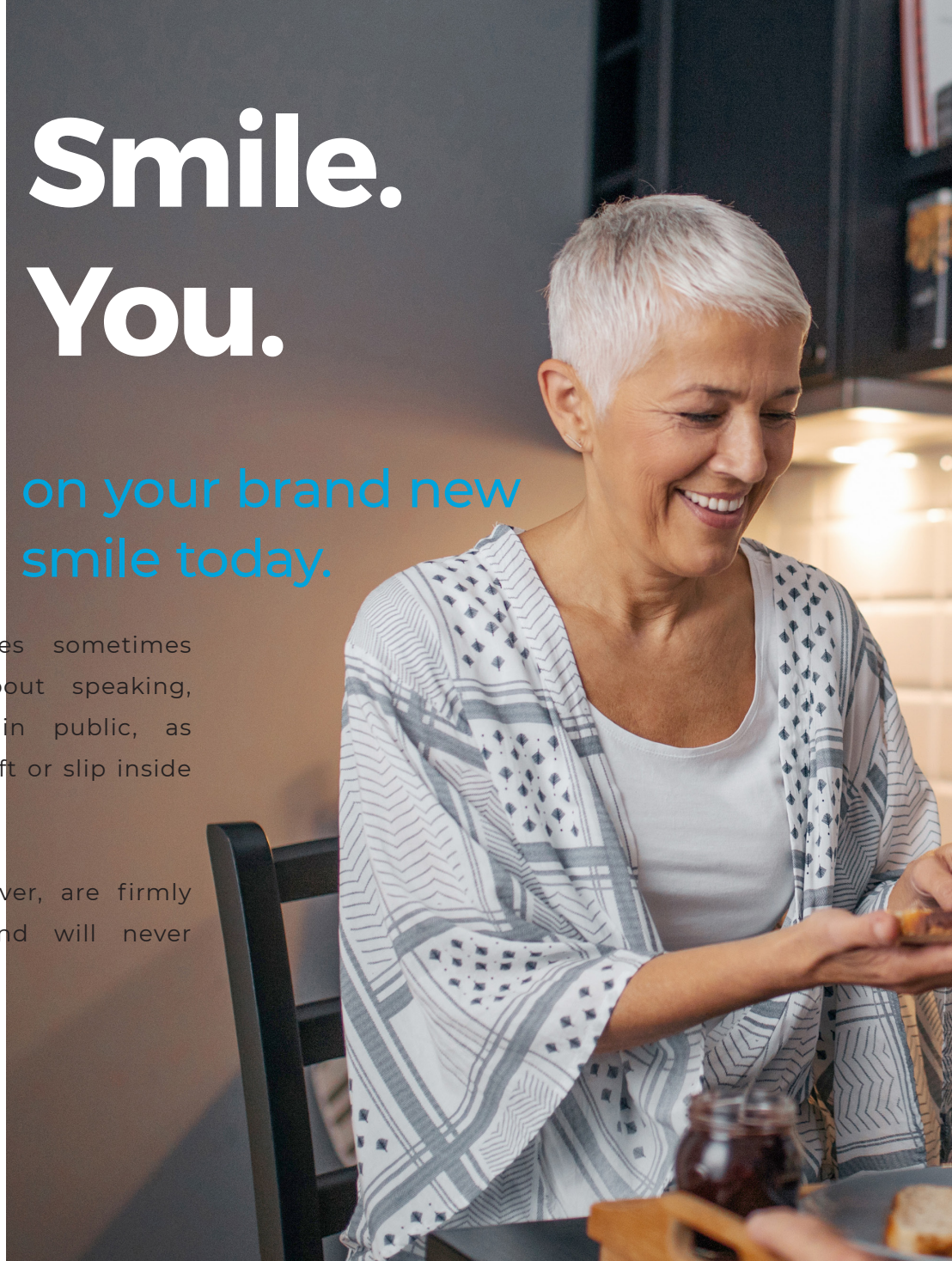


New Smile. New You.

Get started on your brand new
& improved smile today.

Patients with dentures sometimes feel self-conscious about speaking, laughing, or eating in public, as dentures can visibly shift or slip inside your mouth.

Dental implants, however, are firmly anchored in place and will never embarrass you.



Improved ability to chew

Dental implants are anchored in your jaw bone just like natural teeth. Replacing missing teeth with implants allow you to chew your food better and speak more clearly.

Solution for missing teeth

With proper care and maintenance, dental implants last a lifetime, with predictable outcomes and the added benefit of bone retention compared dentures or bridges.



Comfortable & natural

Implants are designed to look, feel, and function like natural teeth. Additionally, implants give patients the confidence to smile, eat, and engage in social activities without worrying about their teeth.



Redesign Your Smile With Dental Implants.





EAT, CHEW SMILE & LAUGH.

“Implants are the **gold standard** when it comes to replacing missing teeth.”

With dental implants, you'll be able to live your life fully, without the hassle of missing teeth or the discomfort of dentures.



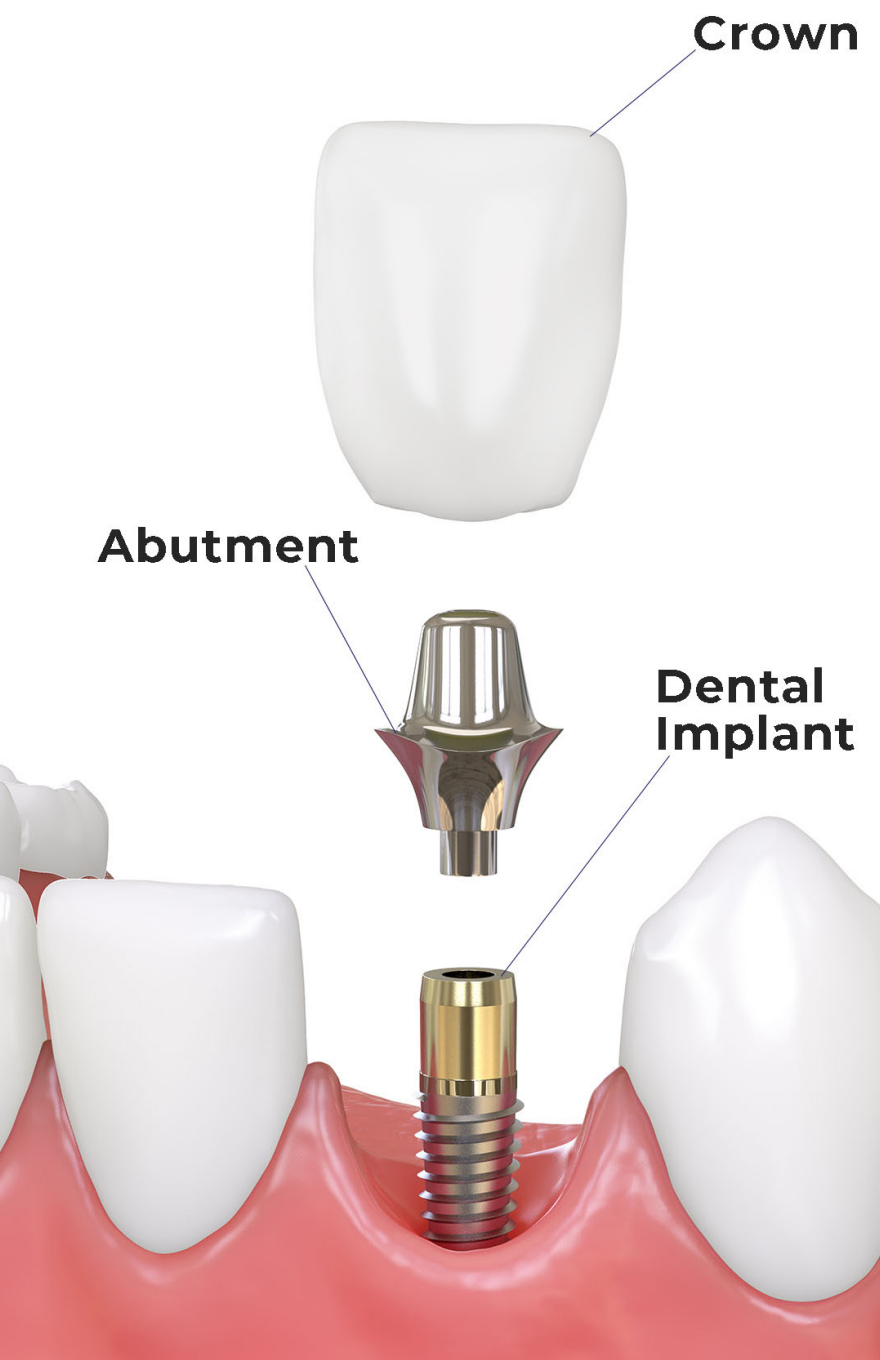
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A close-up portrait of a woman with grey hair, smiling and wearing a straw hat. Her eyes are closed, and she has a joyful expression. She is wearing a blue top. The background is a plain, light color.

Dental implants are
artificial replacements
for missing teeth.

What are Dental Implants?



A dental implant is an artificial replacement for a missing natural tooth. They are made from medical-grade titanium and positioned in the bone to substitute missing tooth root.

When dental implants are placed in your jawbone, over time they bond with your natural bone. They become a sturdy base for supporting one or more artificial teeth, called crowns.

A connector – known as an abutment – is placed on top of the dental implant to hold and support your crowns. The crowns are custom-made to blend in with your natural teeth and fit perfectly your mouth.

As listed above, there are 3 implant components namely:

- **Dental Implant screw;**
- **Abutment (implant connector);**
- **Crown (prosthetic tooth)**

One of the key features of having the dental implants in 3 separable pieces is that they allow for a replacement part in the future in the case of any complications, i.e. crown chipping or abutment breakage.

The function of an implant-supported tooth restoration closely resembles that of a real tooth.

Dental Implant Screw

Also often known as a fixture, the prosthetic tooth root will be surgically attached into the jawbone and allowed to fuse with the bone over several months.

It is an artificial substitute for the root portion of your natural tooth which is anchored into a pre-drilled socket in your jawbone to support and secure a crown, bridge or denture firmly in place.

Abutment

Often shaped like a hexagon or octagon, it helps to support and secure the implant crown as well as retain its suprastructure.

Crown

The tooth-like part of the implant is widely known as the crown. Designed to look like a natural tooth, it is often made of ceramic or metal material.

The success of the implant treatment depends on how well these 3 components integrate with one another and how they integrate with your jaw bone and gums, resulting in improved function and aesthetics.

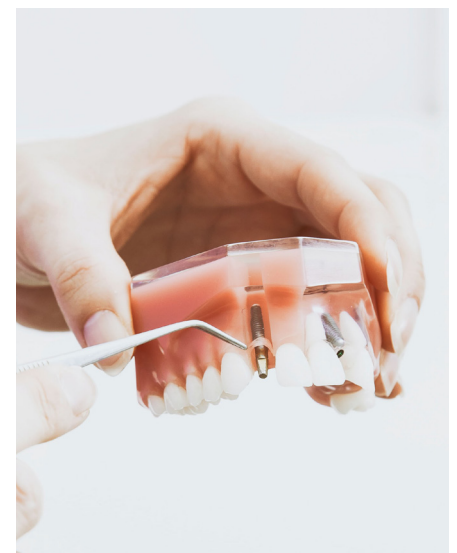
The location of the missing tooth will have the implant drilled into; hence, providing it with a firm foundation to support the replacement implant crown.

Modern dental implants have been used successfully for over 30 years. They are the strongest devices available to support replacement teeth and even better, they allow these new teeth to feel, look and function naturally.

When performed by a trained and experienced dental implant dentist, dental implant surgery is one of the safest and most predictable procedures in dentistry.



The function of an implant-supported tooth restoration closely resembles that of a real tooth, increasing patient quality life, boosting confidence and allowing patients to enjoy food once again.



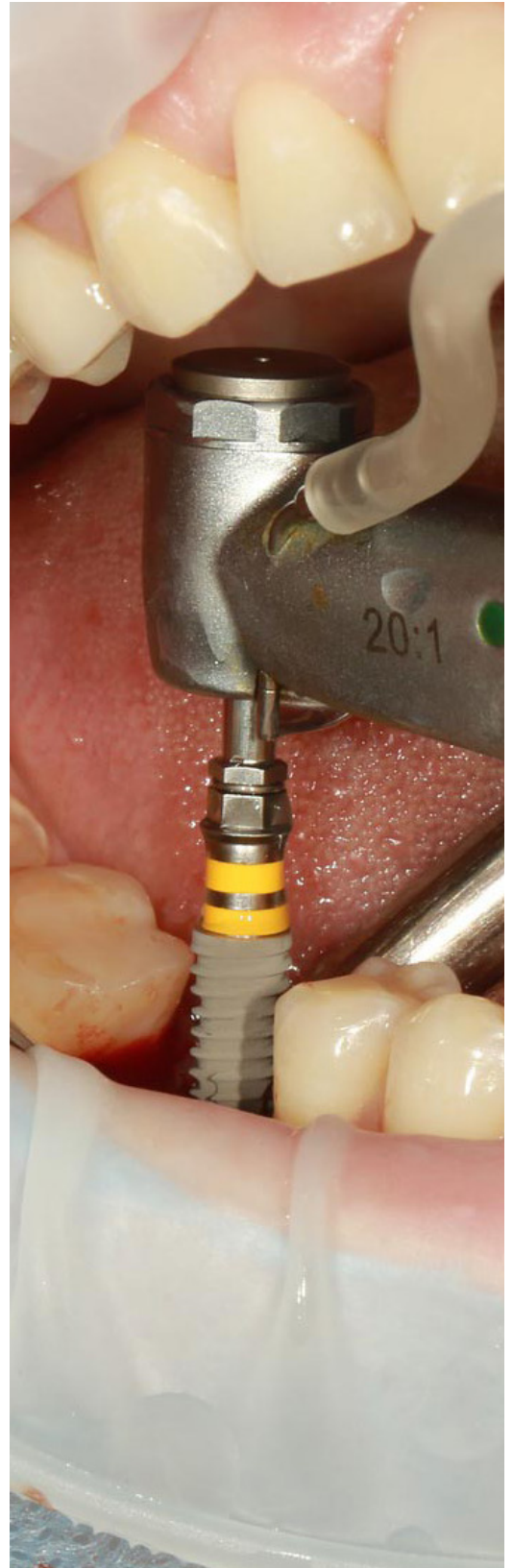
When Do You Need Dental Implants?

“When you have one or multiple missing teeth, dental implants might be your best option.”

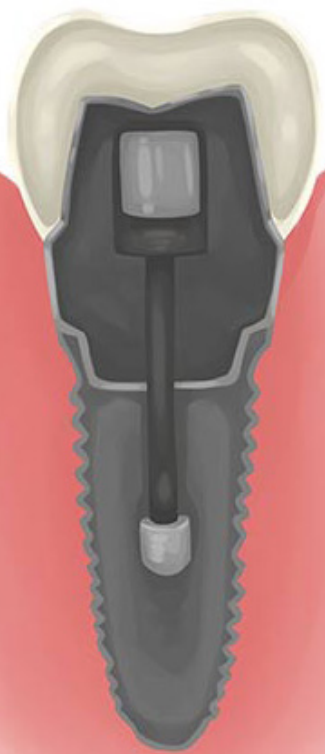
Dental implants are necessary when you have missing teeth, but either cannot or do not want to get dentures, bridges, or crowns. It is important to replace a lost tooth, as the consequences of removing/losing a tooth and doing nothing can grow into a much larger problem as time goes on.

Dental implants have many aesthetic benefits, however, they also play an important role in the overall function of your mouth. Dental implants support a healthy bite, keeping each tooth properly in place while supporting a healthy jawbone, and preventing bone deterioration. When a tooth is lost or pulled and not replaced, the jawbone can begin to deteriorate.

Dental implants may also feel necessary for the visual aspect. You may feel self-conscious about how your smile looks and dental implants can help with that. Your self-esteem and self-confidence are important, and being able to eat comfortably, smile, and laugh without worry or holding back is important and will have a great impact on your life as a whole.



Why Should You Choose Dental Implants?



It used to be that if you have a missing tooth or teeth, your only option was a full or partial denture or a bridge. That is no longer the case with the way dentistry has evolved. Dental implants are now the best option for replacing missing teeth for most cases.

They can be used to replace just one tooth or multiple teeth. Sometimes they are used as an anchor to a denture or as part of a bridge piece.

Compared to other forms of teeth replacement solutions, dental implants have the added benefit of preventing further bone loss in the jaw, by having the fixture of the implants acting as a replacement for tooth roots, which help ensure bone in the jaw stays healthy and strong.

Moreover, not filling a missing tooth space with a dental implant, can result in:

- Sagging face
- Adjacent teeth changing position
- Unattractive smile
- Jawbone starts to shrink, making the face look prematurely older

Implant-Supported Dental Implants

Single Dental Implant

One essential importance of an implant is its replacement benefit over the use of a denture or bridge for a failing or missing tooth. Due to its simple process, patients have reported positive feedback.

Clinicians are now able to develop implant-supported crowns that resembles your natural teeth with almost no obvious difference.

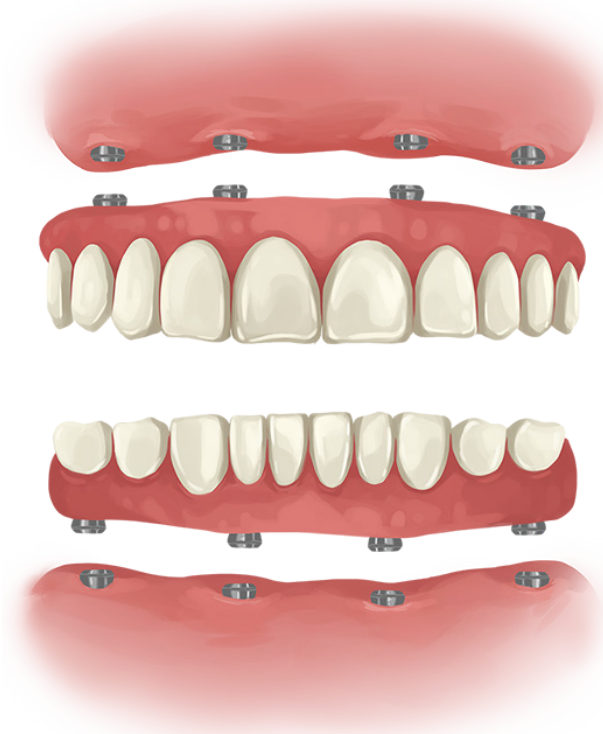


Implant-Supported Denture

If all your teeth are missing and you need a solution in which you do not want your denture removed before cleaning, the implant-supported hybrid denture is the best option.

Your confidence to speak anywhere is increased without being scared of your denture falling out and you can have an easy bite on your steak and apple whenever you want.

The hybrid denture has a pink portion that substitutes your lost bone and gum, with little necessity for bone graft and your face is still supported to decrease droopy lips and wrinkles.



Many patients are going with implant-supported restorations to recover functional capabilities, health and aesthetic appeal.



Implant-Retained Denture

If all your jaw teeth are missing and you have started to lose confidence because of an unstable denture, surgically placing implants may be a viable solution to help stabilise your denture.

These dentures are very secure with at least 2-4 implants placed to help keep them firmly locked in position. You would not require any dental glue nor have any food particles stuck under the denture.

This procedure helps in the reconstruction and restoration of your dentition to enable natural chewing function again. They are helpful in restoring appearance and aesthetics, including speaking function – increasing your confidence again to enjoy your favourite foods and allows you to enjoy an active social life.



Implant-Supported Bridge

If you have at least two or more missing teeth in a row, individual implants can be used for the replacement of the gap or some implants can be joined together using a bridge.

With this second option, you enjoy the benefits of both dental implants as well as dental bridges.

Benefits of Dental Implants



Dental Implants offer benefits

which other tooth replacement options, such as dentures or bridges, cannot offer.

“Dental implants look and feel like your real teeth. They can boost your confidence, are durable and help support your oral health”

Prevents Jawbone Loss

When you lose teeth, you also tend to lose bone mass in your jaw. Your jawbone needs the stimulation it gets when your teeth connect to maintain its mass. Dental implants are the only tooth replacement option that also replaces that jaw bone stimulation, helping to prevent bone loss.

Solution For Missing Teeth

With proper care and maintenance, dental implants last as long as conventional restorations on teeth, with predictable outcomes and the added benefit of bone retention compared to other solutions such as traditional full-dentures or dental bridges.

Improved Ability to Chew

Dental implants are anchored in your jaw bone just like natural teeth. Over time they will help to preserve the jaw bone and significantly reduce bone resorption. Replacing missing teeth with implants allow you to chew your food better and speak more clearly.

Comfortable & Natural

Dental implants are designed to look, feel, and function like your natural teeth. In addition, implants give patients the confidence to smile, eat, and engage in social activities without worrying about how they look or if their dentures will fall out.

“With dental implants, you can eat comfortably, smile and laugh without worries.”

No More Awkward Situations

Patients with dentures sometimes feel self-conscious about speaking, laughing, or eating in public, as dentures can visibly shift or slip inside your mouth. Dental implants, however, are firmly anchored in place and will never embarrass you.

High Success Rate

Well-planned and cared for dental implants generally offer better ‘survival rates’ comparable or better than other teeth replacement options. And, as implant technology and techniques improve, so should their success rate. People in good health have the best chance for successful implants.

Ease of Maintenance

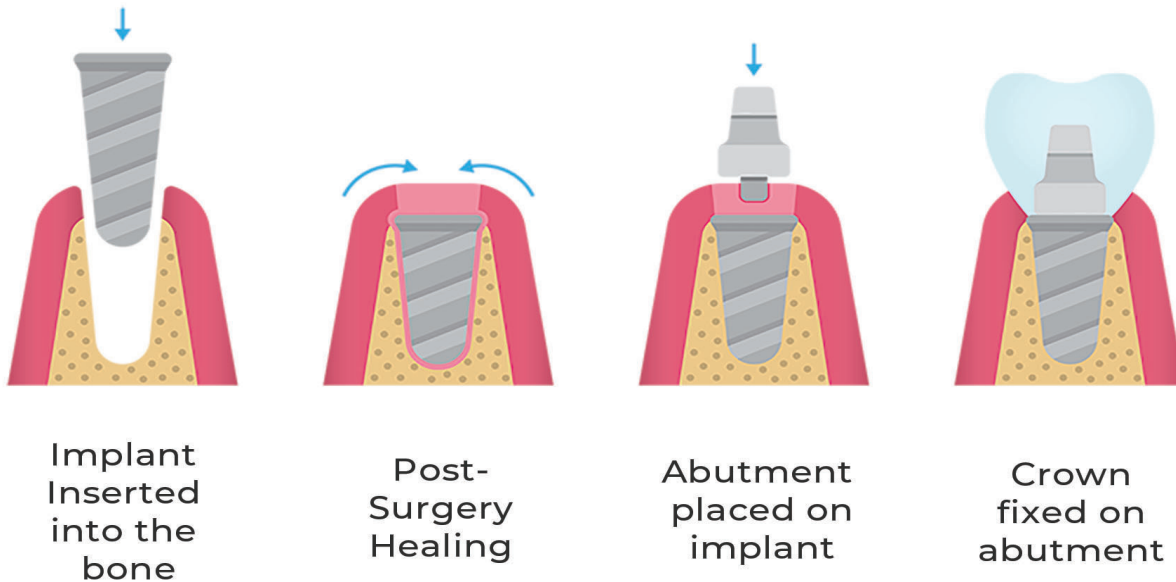
Dental implants don’t require you to buy any special products to clean or care for them. There’s no need for cups, cleansing tablets, adhesive, or special flossers. You only need to brush and floss, just the way you would with your natural teeth.

Improved Facial Features

Dental implants preserve natural tooth tissue by avoiding the need to cut down adjacent teeth for conventional bridgework. Dental implants also help restore your jawbone structure because they reduce the load on the remaining oral structures/teeth and preserve natural tooth tissue and reduce bone resorption and deterioration that results in loss of jawbone height.



Implant Journey



Dental Implanting Process

The type of dental implant surgery that is usually carried out in most clinics is an outpatient surgery performed at a dental surgeon's clinic. The process is a multistage process that gives patients the time to heal between each stage.

The entire process of placing the implants can be summarized into these 6 steps:

1. Damaged tooth removal, when needed (1st visit)
2. Jawbone grafting, when needed (1st visit)
3. Dental implant fixture surgery (2nd visit)
4. Post-surgery healing (3rd visit)
5. Abutment placement (4th visit)
6. Crown placement and fitting (4th – 5th visit)

The entire dental implant journey can take many months. Most of the time is spent healing and recovering, ensuring that the titanium fixtures integrate and fuse well with bone tissue, providing a strong foundation for the dental implants to last a lifetime.

Who Is Suitable For Dental Implants?

Dental implants can be heaven-sent for those with missing teeth, however, do consult with your dentist to find out if you are suitable for dental implant treatment.

If your dentist recommends implant treatment, you need to maintain good oral hygiene as this determines if the implant treatment will be successful.

The treatment process begins with an examination and treatment planning to determine if the overall condition is suitable for an implant procedure.

To be suitable for implants, your supporting jaw bone structure should be in a good condition to support the dental implant(s).

You need to ensure that the area near the implant is clean otherwise you might be more prone to gum disease.

Despite the effectiveness of implants, not everyone can undergo dental implant surgery.

Gum disease damages bone structure and gum tissues which are essential in providing support to the implant.

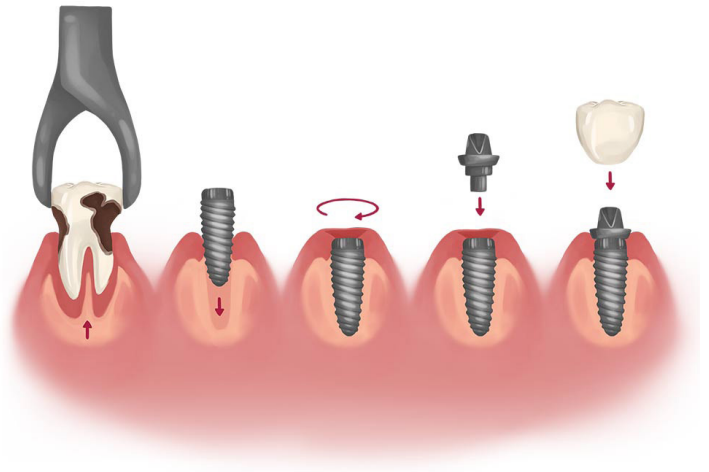
Before undergoing implant surgery, a dental surgeon must verify with the patient if he/she has any existing medical conditions.

Additionally one needs to have sufficient bone structure to provide support to the implant. If the bone structure is inadequate, then such a patient requires bone grafting or sinus lift surgery.



Implanting **Process**

Let us walk you through the entire implant process - from suitability to implant surgery to fitting of the dental crown.



Firstly, the dental surgeon will:

- examine your medical and dental histories,
- take all the necessary dental X-rays and records,
- examine the current state and health of your teeth, gums, and bone

At this stage, here are the things that will also be considered:

- the number of missing teeth,
- alignment of teeth and
- the stability of your bite.

In addition, your dental surgeon will also consider how the proposed new teeth will fit in with the rest of your lips and face for a pleasant and natural result.

With all the information gathered, it will help the dental surgeon determine if your case is simple or complex.

Your dental surgeon will be able to advise if any additional complex procedures are required. Most importantly, he/she will also identify potential risks and complications that may affect your success rates.

After receiving your confirmation to proceed with the surgical procedure, our dental surgeon will then proceed to take impressions of the upper and lower jaws and make them into dental models.

Based on the dental intra-oral models, a diagnostic mock-up of the teeth is created to better plan out the relevant positions where the implant/implants will be placed.

“On the first visit, a rigorous clinical examination using radiographs, will be conducted by your dentist.”



When necessary, a surgical guide is fabricated to guide the dental surgeon when performing complex dental implant procedures. After this has been, the surgeon will plan out the treatment and commence the dental implant surgery.

During the entire length of the dental implant surgery, local anaesthetic will be administered to give patients a comfortable and pain-free surgery. The titanium implant screw is placed into the upper/lower jaw, and a healing abutment is placed at the end of the dental implant fixture (screw).

After this surgery, the patient will be issued pain killers and educated on post-implant surgery care, to ensure optimal recovery.

After the dental implant surgery, intra-oral dental impressions that were previously taken are sent to a dental lab where the bridge, pontic, and crowns will be fabricated by skilled dental technicians based on the surgeon's requirements.

About 3-6 months after the dental implant surgery, the permanent abutment and the dental crown will be placed onto the dental implant fixture.

After which, adjustments to the implant crown will be made, if required. The final result is a brand new perfect smile, that serves both form and function.



Dental implant patients reported an increased level of confidence, and ability to eat and chew **almost immediately** after having their implants placed.

Cost of Dental Implants In Singapore

Implants are admittedly one of the more costly procedures in dentistry. A single implant for a simple and straightforward case typically range from \$2,500-\$6,000.

Every case is unique. Some might have severe pre-existing dental problems and in order to prepare them for dental implant treatment, additional costly procedures are often required e.g. if your jawbone is not adequate or is too soft, you may need bone grafting before you could commence dental implant surgery.

Below is a breakdown of the costs associated with dental implant:

Procedure	Cost
Consultation and Examination	\$50 - \$100
Dental X-rays	\$70 - \$150
Cone Beam CT Scan (CBCT) (if required)	\$250 - \$450
Intra-Oral Scans (if required)	\$70 - \$250
Abutment and Implant Crown	\$1,000 - \$3,000
Dental Implant Placement Surgery	\$1,250 - \$4,815
Medication	\$35 - \$80
Tooth Extraction (if required)	\$90 - \$150
Surgical Guides (if required)	\$250 - \$800
Bone Grafting (if required)	\$800 - \$3,000
Sinus Lifting (if required)	\$1,000 - \$3,500

“According to MOH website, as of 2019, public hospitals charge \$3,278 - \$5,700 per implant treatment with crown.”



Some of the additional procedures you may require:

- **Surgical Guides** - A surgical guide is created by taking impressions or an intra-oral scan of the desired surgical implant site as well as a computer-guided 3D implant planning system to assist the surgeon to drill implants into the bone with optimal accuracy.
- **Bone Grafting** - It is a procedure performed to replace bone loss in the jaw that anchors teeth using one or more different bone grafting options.
- **Sinus Lift** - The reason you might need a sinus lift is to replace bone that has been lost or which is deficient in the area around your sinuses. It is a relatively common restorative surgical procedure that can make it possible for you to have implants even after suffering bone loss.

You may use MediSave to pay for your dental implant surgical procedure, up to a limit of \$1,250 per implant. And you may claim up to a maximum of \$7,500 for 8 implants. According to MOH website, as of 2019, public hospitals charge \$3,278 - \$5,700 per implant treatment with crown.

Any Medisave claim and the final claimable amount is subjected to the approval of MOH. In order to make a Medisave claim, please bring along your Singapore NRIC to prove that you are a Singapore Citizen or Permanent Resident. Our clinic staff will do the required paper work for submission of Medisave claim.

When is Bone Grafting Required?

If you wish to have dental implants but do not have enough density in your jawbone to support them, then bone grafts could be your solution.



Dental bone grafting is a technique that adds bone, and therefore structural support, to your jaw. This allows dental implants to be fixed in place; where without the grafts there would not be enough bone to support the implant.

The end goal is getting your dental implants fixed securely and comfortably. But there is recovery time required in between the graft procedure and the implants being placed. So this is something to be undertaken in two stages; first the bone graft procedure, followed by the adding of your dental implants after several months of healing.

Restoring the jawbone through grafting can do more than just support new implants. It can also restore shape and contour to your face, should that be required.

While we know it can be frustrating to wait for those much needed implants that will restore your smile, it is worth taking the time to heal completely. This is an investment in your well being, after all.

Sinus Lifts & Augmentation



Without the support of bone, implants would become loose or fall out completely. Furthermore, the sinus membranes run parallel to the upper jaw, and if the bone is too thin an implant procedure could damage these membranes.

There are several reasons you may need a sinus lift in preparation for a dental implant, including:

- The anatomy of your skull causes the back of the upper jaw to contain less bone than the lower jaw.
- Bone may have been destroyed by gum disease (periodontitis).
- Bone may have been absorbed back into the body if teeth have been missing for some time.
- Medical conditions including cancer.
- Your maxillary sinuses are too close to the upper jaw for implants to be inserted.

A sinus lift – also called sinus augmentation – creates room in your upper jaw for a bone graft ahead of dental implant placement. This is typically necessary if you’ve lost a lot of bone or your sinuses are too close together. The surgical procedure entails raising membrane to accommodate the new bone.

Your sinuses are hollow channels behind your cheek, above your upper teeth. Some tooth roots extend up into these spaces. When these teeth are missing, there may sometimes only be a thin wall of bone left separating the mouth from the sinuses.

This bone may not provide a solid base for a dental implant. Sinus augmentation bone grafts fix this problem, and significantly increase the chance of implant success.

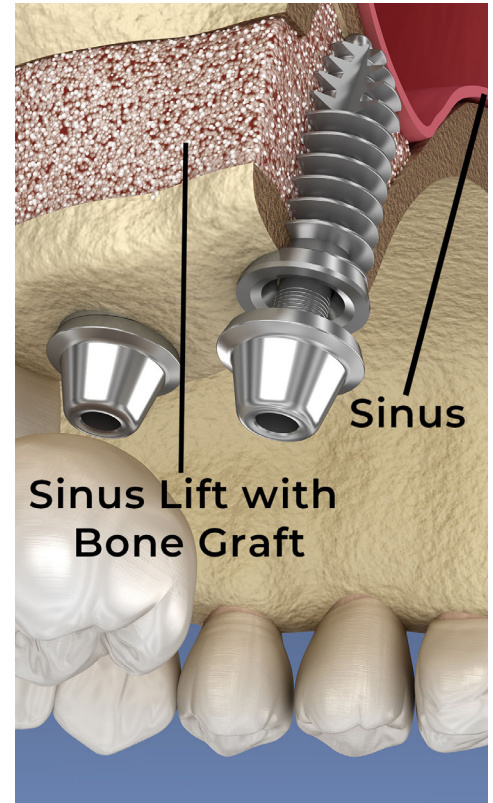
Why Does Dental Implant Cost Vary So Much?

The cost of a single dental implant in Singapore can range from \$2,500 to a hefty \$15,000.

As previously shown in the cost breakdown, additional procedures such as sinus lift and bone graft can raise the costs significantly. There are also other factors which would raise the entire cost of a dental implant treatment:

- Aesthetically-pleasing and natural-looking dental crown with many layers of custom colouring made by a highly-skilled lab technician
- An extremely experienced dental surgeon in implant could command a higher rate
- Prosthetic components made using advanced digital modelling and crafting of required dental implant materials in a modern dental lab could incur a higher lab fee
- European brand dental implant would cost more than a Korean brand
- High anxiety dental patients that require general anaesthesia
- Medical conditions/dental histories such as diabetes or a previously failed dental implant surgery

With so many factors that would affect the complexity of each and every case, there is no one size fits all solution for dental implant surgery. Which is also why the dental implant cost can vary so much from one patient to another.



When it comes to dental implants, there is no one brand that can cater to the needs of each and every case.



Dental implants provide patients with a sense of renewed confidence.

FAQs

How should I take care after dental implant surgery?

Brush and floss regularly. Maintaining good oral hygiene will ensure your teeth and dental implants remain healthy and strong, reducing the probability of implant failure. Specially designed inter-dental tooth brushes should be used to clean the nooks and crannies around your implants fixture and abutment.

Visit dentist regularly. Regular dental visits are essential to maintaining successful dental implants. By visiting the dentist regularly, we'll be able to pick up any potential oral health issues that may be detrimental to your dental implants. Moreover, your dentists will help maintain the proper function of your implants and give you a proper cleaning to ensure the health and proper functioning of your implants.

Avoid bad dental habits. Don't chew on hard items, such as crab shells and chicken bones, which may chip/break your crowns — or worse yet, your natural teeth.

What is the success rate of dental implants?

90% – 95% of dental implants are successful, however, there is a possibility that bone tissue may fail to fuse sufficiently to the titanium dental implant fixtures. In cases that implants fail to fuse to bone, the implants must be removed and bone matter is cleaned up. After which, patients may choose to try the procedure again in 3 – 6 months. Smoking, for example, may contribute to implant failure and complications.

What are same-day dental implants?

Same-day dental implants, also known as immediate dental implants is a method of placing dental implants and loading the dental implants with a dental prosthesis on the same day. This reduces the entire treatments time significantly.

This method of placing a dental implant is only suitable for certain types of cases and not every is a suitable candidate.

Is the procedure painful?

The surgery itself is pain-free as it is done under local anaesthesia. During the preparation, you may be able to feel some vibration or mild sensitivity.

There will be mild discomfort after the implant placement, similar to a tooth extraction process. One can expect some bruising and swelling and the dentist will prescribe painkiller and anti-swelling medications. Patients should adhere to a soft diet after the surgery. You should brush your teeth but do avoid the surgical area for the first two weeks.

What precautions should be taken before the surgery?

If you smoke, stop smoking at least two weeks before the surgery. Smoking will decrease the success rate of dental implants significantly.

What are the risks involved with dental implants and dental implant surgery?

Dental implant surgery is a safe procedure when executed by an experienced dental surgeon. However, as with any form of surgery, it is not without its risks and patients should know about the potential risks involved with implant surgery. Problems are rare, though, and when they do occur they're usually minor and easily treated/resolved.

Some of the potential risks of dental implant surgery include:

- Peri-Implantitis – infection of the dental implant site
- Damage to surrounding teeth or blood vessels.
- Nerve damage
- Puncturing of sinus when implants placed in the upper jaw causing the implants to protrude into one of your sinus cavities.

How long do dental implants last?

Implants have been specially designed to be a permanent tooth replacement.

As such, with proper care, maintenance and good oral hygiene, they typically last for more than 25 years on average.

Why are dental implants so expensive?

It should be noted that this cost takes into account the entire process of placing a single dental implant which can be quite complex and generally requires multiple procedures spread over a period of multiple months to complete.

Patients who are considering dental implant surgery can breakdown the cost into two separate stages; the surgical stage and the restorative stage.

Who is a good candidate for dental implants?

Despite the effectiveness of implants, not everyone can undergo a dental implant surgery. Before undergoing implant surgery, a patient must be healthy or have clearance from a dental surgeon.

Additionally one needs to have sufficient bone structure to provide support to the implant. If bone structure is inadequate, then such a patient requires bone build-up which can be accomplished through bone grafting or sinus lift surgery.

Patients with chronic diseases like leukemia or diabetes are discouraged from undergoing implant surgery since such diseases slow down the healing process after surgery.

Substances such as tobacco may slow healing as well and so patients using tobacco should talk to their dentists to be advised on ways to quit using tobacco.

Once your dentist recommends implant treatment, you need to pay particular attention to your oral hygiene since it determines whether or not the implant treatment will be successful.

You need to ensure that the area near the implant is clean because failure to do so makes you more prone to gum disease. Gum disease damages bone structure and gum tissues which are fundamental when it comes to providing the essential support to the implant.

Are there other alternatives to dental implants?

If you're looking for alternatives to dental implants for your tooth replacement needs, you can take a look at non-surgical options such as dentures or dental bridges.

How to Choose The Right Dentist?

When it comes to selecting the right dental provider in Singapore for your Implant treatment, it's important to choose a dentist that you can establish good communications with.

Good communication is a key determining factor for a smooth, comfortable and successful implant journey.

Choosing the right dentist will ultimately determine the overall success of your implant treatment. As such, the dentist that you pick should fulfil a number of criteria including but not limited:

- Experience and familiarity with the complex implant procedures
- Good communicator (well-versed in explaining every aspect of treatment to you, allowing you to make informed decisions)
- A strong support team to support you every step of the way

We would also suggest for you to send enquiries to a few dental surgeons. This will allow you to find someone who is able to answer all your queries, discuss all possible treatment options available for your particular case.

At the end of the day, the right dentist for you is the one who will lay out clearly all your treatment options on the table, allowing you to make informed decisions, while ensuring that your entire treatment process is comfortable and as hassle-free as possible.

In addition, please only proceed with the treatment if you are fully comfortable with the treatment plan proposed by your implant dental surgeon. If you still have questions unanswered, do seek second or third opinions.



Here's what you can do next.

Speak to an experienced dental provider who can answer all your questions and patiently guide you through every step of the treatment.

If you'd like to speak to us, drop us an email at enquiry@nofrillsdental.com or give us a call at +65 9007 1085.



Find a dentist – We would suggest for you to send an enquiry to a few dentists or dental surgeons.

This allows you to find someone who is able to answer all your queries, and who will discuss all the possible treatment options available to you.





About Us

NoFrills Dental aims to provide accessible, affordable and no-frills dental care for people of all ages in a clean and comfortable environment.

“NoFrills Dental is the one-stop solution for all your dental needs.”

NoFrills Dental was founded in 2016 by a team of like-minded dental professionals with more than 20 years of experience in dentistry. We believe your teeth and gums should look and feel great—that’s why we use world-class technology in everything we do, from crafting fillings, straightening smiles, to restoring new teeth. We bring together experienced minds and progressive technologies to transform your smile.

We take great pride in delivering a holistic dental experience through our professional excellence, quality materials, dental technologies and high standards of infection control. The driving factor of our success is the passion to serve with the highest level of empathy, compassion and professionalism by our experienced dentists and dedicated support staff, to provide the best dental care and patient experience at affordable prices.

NoFrills Dental was created with the singular goal of providing accessible and affordable dental care for everyone. With the core belief that everyone deserves a perfect smile, we provide patients with a holistic dental experience paired with clinical excellence to support all of their dental needs.

It is with this belief in mind that we ensure each and every one of our patients the peace of mind that they’re being treated by dedicated professionals who have their best interests at heart. We bring together experienced dental practitioners and progressive dental technology to transform your smile.

NoFrills Dental is a company with a big heart and even bigger ambition to improve oral health wherever we are. We are passionate about delivering patient-focused dental care and oral wellness programs.



DR KENNETH SIAH

Medical Director

Dr Kenneth Siah is currently a Medical Director and Dental Surgeon at NoFrills Dental. He graduated with a BDS from NUS DENTAL school in 2001. Upon graduation, Dr Kenneth Siah served as a dental officer in the Singapore Armed Forces and worked with the Nation's dental surgeon officer dealing with community dental needs.

Upon completion of his bond, Dr Kenneth Siah spent two years working as a consultant to a German dental lab, gaining much insight into dental aesthetics and design. Dr Kenneth Siah is also an Invisalign-certified dental surgeon and uses combination of disciplines to create your custom smile.

His demands for a functional occlusion (bite) also pushed him to expand and deepen his knowledge of dental implants and surgery through overseas courses and conferences. Dr Kenneth Siah's professional interests as a dental surgeon lie in the diagnosis and management of cracked teeth, implants and wisdom teeth removal. He credits his love for surgery stemming from the nurturing attitudes of his mentors.



DR DANESHKUMAR

Medical Director

Dr Danesh is a Medical Director and Dental Surgeon at NoFrills Dental. He graduated from the University of Sydney with a Bachelor of Dentistry. Cheerful and keen to serve the community in all areas of Dentistry. Good knowledge of dental treatments and trained in dealing with patients with dental phobia and dental anxiety.

Dr Danesh is calm and easy to talk to with the ability to make anyone from kids to seniors feel at ease. His professional interests lie in the diagnosis and management and treatment of patients who suffer from malocclusion.

He believes strongly in our motto that everyone deserves a perfect smile. No case is too big or too small for Dr Danesh. His passion in dentistry stems from his strong sense of wanting to help those in need of good dental care.



DR JOSHUA CHONG

Medical Director

Dr. Joshua Chong is a Medical Director and Senior Dentist at NoFrills Dental. He graduated from the University of Queensland with Honours in 2014. Following a year of private practice in Australia, he moved to Singapore and continued to work in the private sector.

Dr. Joshua Chong understands that visiting the dentist can be very daunting for some. So he aims to provide a calm environment and practice pain-free dentistry, taking the time to ensure that patients are comfortable and well informed throughout their visit. Dr. Joshua Chong believes in minimally invasive approach and preventive dentistry. He currently provides a range of dental procedures and particularly takes an interest in restorative dentistry and root canal treatment.



DR ALEX DOVBAN

Senior Dental Surgeon

Dr Alex SM Dovban is a passionate practitioner of Dentistry and a firm believer in providing quality and holistic dental care with compassion and integrity. Dr Alex SM Dovban received his Bachelor of Dental Surgery (BDS) with Honours from Otago University Dental School in New Zealand. Prior moving to Singapore, Dr Dovban was part of Royal Flying Doctors Team in Darwin Northern Territory in Australia.

During this time he managed a wide range of complex restorative and surgical treatments for medically compromised patients at the remote aboriginal communities. He also started practicing Laser Dentistry and CAD CAM technology dentistry at the very beginning of introductions of these technologies into dentistry in a private sector.

He completed his post-graduate degree in Master of Dental Surgery (MDS) in Periodontology and Implantology from National University of Singapore (NUS), during which he treated patients at the National University Hospital (NUH) and National Dental Centre (SGH).



DR BERNICE TAN

Dental Surgeon

Dr Bernice Tan is an associate dental surgeon at NoFrills Dental. She graduated from Queen's University Belfast with a Bachelor of Dental Surgery and has since been practising in the private sector. She has attended multiple courses to ensure she keeps up with the latest developments in dentistry so that her patients always receives the highest standard of care.

Dr Bernice Tan aims to provide dental treatment driven by compassion and empathy, putting patient's interest above all else. She takes her time to listen to all her patient's concerns and is always happy to answer any questions they may have.

Dr Bernice Tan strongly believes that patient education is key to better oral health. Having met her fair share of anxious patients, Dr Bernice understands that the dental environment may appear to be intimidating for some people. Thus, she is always gentle and tries to make the whole treatment process as pain-free as possible.



DR LI KEXIN

Dental Surgeon

Dr Li Kexin is an Associate Dentist at NoFrills Dental. She graduated with a Bachelor of Dental Surgery from King's College London in 2017 and holds a Postgraduate Certificate in Primary Dental Care (Distinction) from the University of Kent.

As a dental surgeon, Dr Li Kexin had previously practiced in a busy NHS practice in the UK before returning to work in Singapore. Dr Li Kexin actively attends courses and takes further education to keep up with the times and enhance her dental skills.

Having practised in a clinic with a high proportion of anxious, elderly and high needs patients, Dr Li Kexin is experienced in patient management and treats all her patients with empathy, patience and care.

She believes that positive experiences in the dental setting goes a long way and she aims to provide quality dental care tailored to every patient's individual needs.



DR MARCEL FUNG

Senior Dental Surgeon

Dr. Marcel Fung is a dental surgeon at NoFrills Dental. He graduated from Manchester University in the United Kingdom in 1999 with Bachelor of Dental Surgery (BDS). Dr. Marcel Fung has also achieved a Diploma in Postgraduate Dental Studies (DPDS) from Bristol university in 2008.

Dr. Marcel Fung completed the world renown implantology training program helmed by world famous, Dr. Hilt Tatum in 2007. Subsequently, Dr. Marcel Fung has also participated in a series of implant training programs by Osstem Dental and at the Malo Clinic in Portugal (All-on-4 Surgical Protocol) to further enhance his dental implant placement skills. Moreover, he is also an active user of the All-on-4 Nobel Biocare Dental Implant system, which allows patients to achieve a brand new smile and beautiful set of teeth on the same day.

On top of clinical dentistry, Dr Marcel Fung has also been involved with post graduate dental training in London for the last 6 years. He was a dental trainer for freshly qualified dental practitioners for the London Dental Deanary.



Our team of experienced dental surgeons are fully dedicated to providing patients with high-quality and affordable dental care.

Our dentists are well-versed in the oral surgeries, and keenly adept in producing highly aesthetic and long lasting dental implants for all our patients.



NOFRILLS DENTAL @ MARINA SQUARE

Located in Marina Square, this dental clinic is located right above Esplanade MRT Station (Exit B). The clinic services the needs of patients working in the Raffles City and Marina areas.

NoFrills Dental at Marina Square is located right above Esplanade MRT station (Exit B), providing our patients with greater convenience.

The dental clinic is supported by a team of experienced general dentists, well-trained to treat a wide range of dental and oral health issues, with a strong focus on aesthetic dentistry such as Invisalign treatment and orthodontic braces.

The dental clinic is well equipped with technologies such as X-rays and intra-oral scanners like the iTero Elements 2. We've also partnered with a variety of corporate and private insurance companies for the convenience of our patients.



6 Raffles Boulevard, #B1-11, Marina Square (Exit B, Esplanade MRT Station)
Singapore 039594

Email: marinasquare@nofrillsdental.com.sg

Telephone: 6227 8885

Monday - Friday:

Saturday:

Sunday & Public Holiday:

10am – 7pm

10am – 5pm

By Appointment



NOFRILLS DENTAL @ SUNTEC CITY

*Located in Suntec City, this dental clinic is situated between **Promenade MRT Station** and **Esplanade MRT Station**. Servicing the needs of patients working around the Suntec City area.*

NoFrills Dental at Suntec City is a one-stop dental clinic that provides affordable dental services for all types of patients. The clinic aims to offer high-quality services at affordable prices, serving the needs of patients in the Suntec City area.

The clinic offers a large variety of professional dental services, from general dentistry procedures such as scaling and polishing, pain management and wisdom tooth extractions, to more complex procedures such as Invisalign treatment, dental implants and orthodontic braces.

Our resident dentists at NoFrills Dental @ Suntec City are experienced in restorative dentistry such as dental implants, dental crowns and dental bridges.



3 Temasek Boulevard, #03-317, Suntec City North Wing, Between Tower 1 & 2, Lobby H, Singapore 038983

Email: suntec@nofrillsdental.com.sg

Telephone: 6337 7319

Monday - Friday:

Saturday:

Sunday & Public Holiday:

10am – 7pm

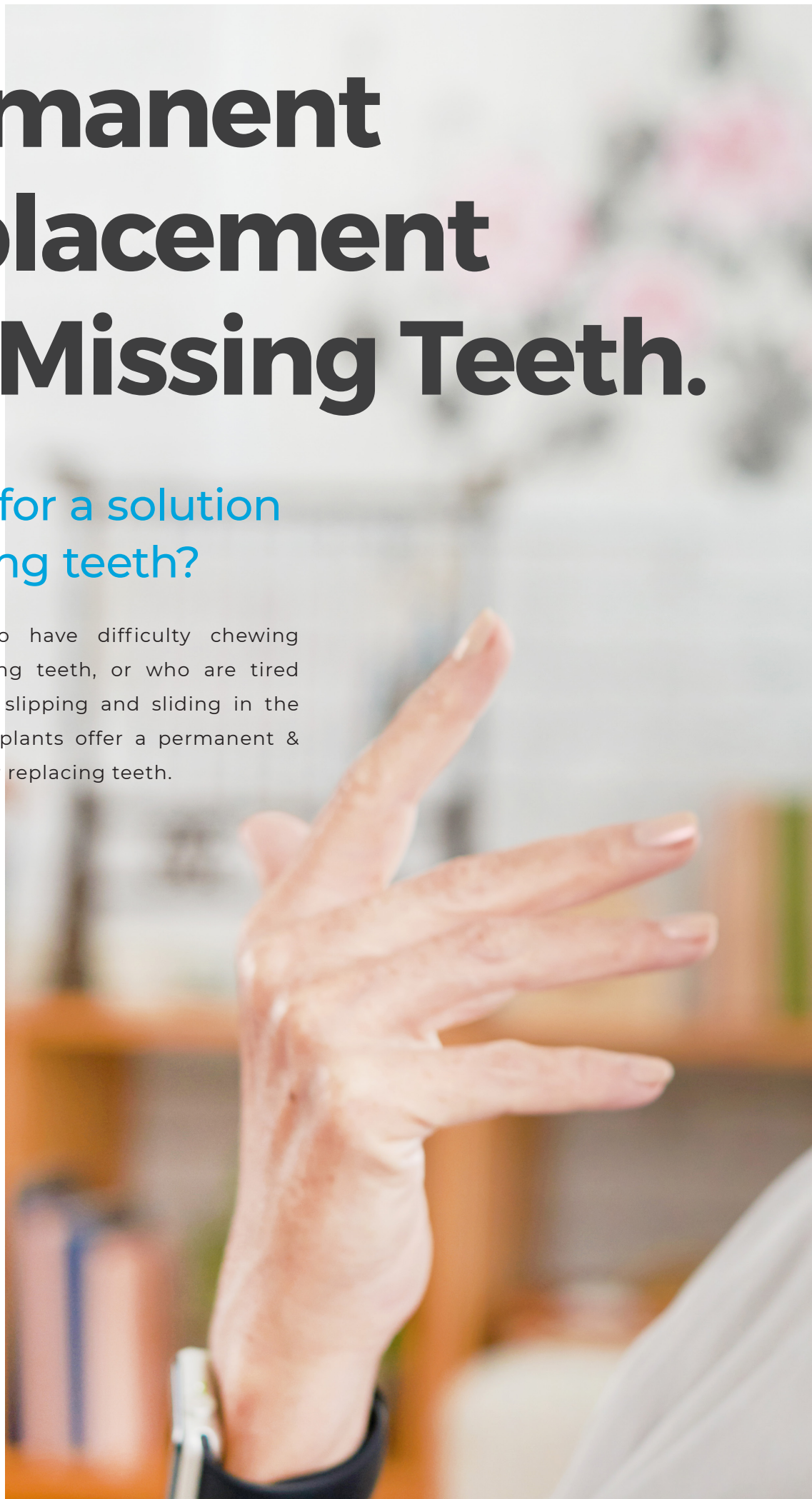
10am – 5pm

By Appointment

Permanent Replacement For Missing Teeth.

Looking for a solution for missing teeth?

For patients who have difficulty chewing because of missing teeth, or who are tired of their dentures slipping and sliding in the mouth, dental implants offer a permanent & secure solution for replacing teeth.





Notes

let's get started on your
**BRAND NEW
SMILE**